

Indian Knowledge System & Consciousness Studies

This is a comprehensive course to explore human consciousness.

Participants will completely understand inter related subtle mechanism of Body emotion thoughts mind consciousness and brain.

This course will explore human consciousness and its possibility through sutras from indian scripture,books of indian saints,latest scientific study from neuroscience and psychology.

This course emphasize not only learning academic knowledge,but practically experiencing and exploring one`s inner dimention.Under my guidance,participant will explore through meditation,pranayama(Indian and western) and transmission.Goal is to experience a glimpse of what has been described in Indian scriptures.Samadhi,moksha,Awakening.

This course will explain detail about Awakening,4 types of awakening and how it will influence and change person`s life.Explain detail about spiritual path and its effects on life.

People in western country spends a lots of money on self help sessions and workshops.This course includes how to makes one to reach peak performance,use full potential of brain`s hidden potentials and abilities.

Study of consciousness is attracting worldwide attention right now.It is deeply related to Artificial Intelligence project and neuroscience.It holds a key to overcome depression and mental issues.Most importantly,how human beings can reach eternal happiness is also included.

Most of the big IT company are spending lots of money and doing a lots of studies on science of happiness through the support of technology.But still it is in infant level.We have everything available right now,but not Happiness.

Scientifically proven shortest possible way to reach ultimate happiness is urgently needed.I have come up with research and collaborating with many hospitals and universities.I will explain detail about this method.

After completing this course,participants will be able to explain the essence of indian knowledge system,and improve their daily life and ability and use it in their research and work.

History and Time lines of Indian Scriptures 2hours

We will explore scriptures such as Yoga Sutra,Heart Sutra,And History and explanation of each scriptures.Path of yoga,tantra,kashimiri Shaivism,Path of kundalini,Jnana yoga,Raja yoga,Vedanta,Upanishad,

Indian Saints after 19th century to present moment 2 Hours

We will explore their life and contribution to the world.Ramana Mharishi,Ramakrishna,J Krishnamurti,Sri Aurobindo,Nisargdatta maharj.And many more.

Esoteric Indian Knowledge System 1Hours

Many things are written in indian scriptures ,but also many knowledges are not written in scriptures.For few reasons,such as danger of misusing,Ayurveda,siddha medicine.Jyotish,alchemy,vastu,transmission.Yantra.

History of Psychology(Western exploration of Human consciousness) 2 Hours

We will explore history of psychology.Emphasizing on Transpersonal Psychology and Somatic psychology.Mindfulness(15000 academic paper has been written).Positive psychology.

Transpersonal psychology,Somatic Psychology 3Hours

I will teach about inter related subtle mechanism of Body emotion thoughts mind consciousness and brain.I will introduce many technics that has evolved through psychological studies in last 50 years.All sorts of bodywork,breathing techniques,healing arts,therapy techniques,And psychologist who made significant contributions.

Alexander Lowen,willian reich,ken Wilber,Stanislaw Groff,Feldenkrais,

Primal therapy,Alexander technique,Feldenkrais method.Encounter Therapy.Deep tissue massage.Rolfing.Reblancing.Craniosacral therapy.Rebirthing,Holotropic breath work.Tibetan pulsing healing.

I have deep experience of all these,and my observation is,it will supplement indian knowledge system.Many of these modern psychological techniques are considered hidden teaching.It got revived through modern scientific research and experiment.People who are depressed or having mental issues needs these technique to be able to start meditation.

Academic studies of consciousness(Science of consciousness) 5 hours

We will explore science of consciousness.And explore the main topic of debate in consciousness fields.Such as Free will,Computation versus Quantum Mechanism.Is consciousness real or illusion.Can we scale consciousness?Quantum consciousness theory and other 30 theory of consciousness.And scientific evidence.Demonstration of quantum entanglement between human beings(Shaktipat)Origin of life on earth.In depth exploration into Anthropic Principle(Astro physics).Can we upload human consciousness into computer or machine or robot.Artificial Intelligence.

Human brain project.Allen Institute.

Map of Awakening.(Super consciousness)and spiritual path 3 Hours

Emphasis on experiencing those states which is written in scriptures.

Transtech research and products 1 Hours

My friend Dr Jeffery Martin has been organizing Transtech conference since 2015.Transtech is technology that supports wellbeing and happiness.There are so many products available in the market today.

We will introduce all sorts of machine and application on transtech.And introduce many of the parameters to detect mind,consciousness and wellbeing.

Siddhi and ability of human beings. 1 Hours

Usually siddhi does not develop alone.With awakened sanits,5 senses will become extremely sensitive and all the ability will starts to get uplifted and looks like supernatural power.This is my original research.I have developed many siddhis and use and test them in my business.I will explain deeply about the process of developing these ability and deepens one's ability.

Description from scriptures and latest neuroscientific studies and experiments.Also a lot of my

personal encounter with so many people having siddhis along my path.

Jyotish 1Hour

Science of destiny.Nadi palmleaves.Secret techniques that works 100 percent.

We will printout kundali and explain basics of birth charts.

Indian government and indian politician and jyotish.

Gemstones and Crystal and its scientific effects on human brain

Original research of Dr Stuart Hameroff and Hide Saegusa.

Neuromodulation 1hour

Describe details about all the methods of neuromodulations.Especially ultrasonic stimulation and infra red light(Photo bio modulation).And actually try them.University of Arizona's center for consciousness has been studying and doing human experiment since last 11 years.

Also includes ancient neuromodulation,Shaktipat.Any my personal scientific experiment which is done under guidance of Dr Stuart Hameroff.